

# THIS WEEK'S MENU (1)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>					
Meat/Meat Alternate			Scrambled Eggs		Cream Cheese
Fruit, Vegetable, or 100% Juice	Fruit	Applesauce (S.D.)	Fruit	Fruit	Fruit
Breads/Grains	Cereal	Applesauce Pancakes	Toast	Cereal	Bagel
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>A.M. Snack</b>					
Meat/Meat Alternate		Peanut Butter			
Fruit or Vegetable	100% Juice		Grapes		Grapes
Breads/Grains	Bagel	Graham Crackers	Crackers	Muffin	
Fluid Milk				White Milk	White Milk
<b>Lunch</b>	<i>Grilled Cheese</i>	<i>Pizza</i>	<i>Bologna Sandwich</i>		<i>Tuna &amp; Noodle</i>
Meat/Meat Alternate	Cheese	Cheese (Added)	Bologna	Meatballs	Tuna
Fruit or Vegetable	Fruit	Applesauce	Fruit	Mashed Potatoes	Peas
Fruit or Vegetable	Tomato Soup	Lettuce Salad	Carrots & Celery	Fruit	Fruit
Breads/Grains	Bread	Crust	Bread	Roll	Egg Noodles
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>P.M. Snack</b>					
Meat/Meat Alternate	Yogurt		Peanut Butter	Cheese Stick & Dip	
Fruit, Vegetable, or 100% Juice	Banana		Apple	Cut Vegetables	100% Juice
Breads/Grains		Brownies			Cereal Mix
Fluid Milk		White Milk			

Water is served with snack unless another beverage is listed.

Menu is subject to change

# THIS WEEK'S MENU (2)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>			<b>Eggs in a Poke</b>		
Meat/Meat Alternate			Egg		
Fruit, Vegetable, or 100% Juice	Fruit	Fruit	Fruit	Fruit	Applesauce
Breads/Grains	Cereal	Waffles	Toast	Cereal	Toast
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>A.M. Snack</b>	Smoothies				
Meat/Meat Alternate	Yogurt	Cheese		Peanut Butter	
Fruit or Vegetable	Strawberries & Banana	Fruit	100% Juice	Apple	Fruit
Breads/Grains			Rice Cake		
Fluid Milk					White Milk
<b>Lunch</b>	<i>Spaghetti</i>	<i>Quesadillas</i>	<i>Finger Foods</i>	<i>Chicken Sandwich</i>	
Meat/Meat Alternate	Ground Beef (H.M.)	Cheese & Ham	Cheese Cubes & Cut Bologna	Chicken Patty	Fish Sticks
Fruit or Vegetable	Lettuce Salad	Salsa	Carrots	Pickle	Tator Tots
Fruit or Vegetable	Tomato Paste	Fruit	Mixed Fruit	Vegetable	Peas
Breads/Grains	Spaghetti	Tortilla	Crackers	Bun	Fruit
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>P.M. Snack</b>					
Meat/Meat Alternate					Peanut Butter
Fruit, Vegetable, or 100% Juice	100% Juice	Fruit	Cucumbers		
Breads/Grains	Vanilla Wafers	Crackers	Toast	Cookies	Crackers
Fluid Milk				White Milk	

# THIS WEEK'S MENU (3)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>			<b>Breakfast Sandwich</b>		
Meat/Meat Alternate			Egg & Cheese		
Fruit, Vegetable, or 100% Juice	Fruit	Fruit	Fruit	Fruit	Fruit
Breads/Grains	Cereal	French Toast	English Muffin	Cereal	Muffin
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>A.M. Snack</b>					
Meat/Meat Alternate				Cheese	
Fruit or Vegetable	Banana	100% Juice	Fruit		Apple
Breads/Grains	Vanilla Wafers	Cheese Its		Crackers	Cereal Mix
Fluid Milk			White Milk		
<b>Lunch</b>	<i>Hamburgers</i>		<i>Peanut Butter &amp; Jelly</i>	<i>Bean Burrito</i>	<i>Tuna Melt</i>
Meat/Meat Alternate	Ground Beef (H.M)	Corn Dog	Peanut Butter	Refried Beans	Tuna & Cheese
Fruit or Vegetable	Tomato & Lettuce	French Fries	Carrots	Tomato & Lettuce	Fruit
Fruit or Vegetable	Mixed Vegetables	Fruit or Vegetable	Fruit	Fruit	Green Beans
Breads/Grains	Bun	Bread	Bread	Tortilla	Bread
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>P.M. Snack</b>					<i>Ants on a Log</i>
Meat/Meat Alternate			Yogurt		Peanut Butter
Fruit, Vegetable, or 100% Juice		Watermelon	Fruit		Celery & Raisins
Breads/Grains	Crackers	Crackers		Poptart	
Fluid Milk	White Milk			White Milk	

# THIS WEEK'S MENU (4)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>			<b>Mini Quiche</b>		
Meat/Meat Alternate			Egg & Sausage		
Fruit, Vegetable, or 100% Juice	Fruit	Raisins & Banana	Fruit	Fruit	Fried Potatoes
Breads/Grains	Cereal	Oatmeal	Toast	Cereal	Toast
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>A.M. Snack</b>					
Meat/Meat Alternate	Peanut Butter	Yogurt		Cheese	
Fruit or Vegetable	Celery	Fruit	100% Juice	Apple	Grapes
Breads/Grains			Rice Cakes		Crackers
Fluid Milk					
<b>Lunch</b>	<i>Macaroni &amp; Cheese</i>		<i>Turkey Sandwiches</i>	<i>Ravioli</i>	<i>Tuna Sandwiches</i>
Meat/Meat Alternate	Cheese (Added)	Pork Patty	Sliced Turkey	Cheese (Added)	Tuna
Fruit or Vegetable	Fruit	Fruit	Carrot Sticks	Tomato Paste	Carrots
Fruit or Vegetable	Peas	Corn	Fruit	Fruit	Applesauce
Breads/Grains	Macaroni	Bun	Bread	Ravioli	Bread
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>P.M. Snack</b>					
Meat/Meat Alternate			Mozzarella Cheese		
Fruit, Vegetable, or 100% Juice	100% Juice			100% Juice	
Breads/Grains	Pretzels	Brownies	Bagel	Goldfish Crackers	Cinnamon Toast
Fluid Milk		White Milk			White Milk

# THIS WEEK'S MENU (5)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>			<b>Omlet</b>		<b>Fruit &amp; Yogurt Parfait</b>
Meat/Meat Alternate			Egg & cheese		Yogurt
Fruit, Vegetable, or 100% Juice	Fruit	Fruit	Fruit	Fruit	Fruit
Breads/Grains	Cereal	Pancakes	Toast	Cereal	Granola
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>A.M. Snack</b>					
Meat/Meat Alternate	Peanut Butter			Cheese Stick	
Fruit or Vegetable		Banana	100% Juice	Fruit	100% Juice
Breads/Grains	Raisin Bread Toast		Pretzels		Muffin
Fluid Milk		White Milk			
<b>Lunch</b>	<i>Tacos</i>		<i>Ham Sandwich</i>		<i>Fish Sandwich</i>
Meat/Meat Alternate	Ground Beef (H.M.)	Hot Dog	Sliced Ham	Chicken Nuggets	Fish Patty
Fruit or Vegetable	Lettuce/Tomato	French Fries	Pickle	French Fries	Tator Tots
Fruit or Vegetable	Fruit	Pickle	Pineapple	Fruit or Vegetable	Fruit or Vegetable
Breads/Grains	Tortilla	Bun	Bread	Bread	Bun
Fluid Milk	White Milk	White Milk	White Milk	White Milk	White Milk
<b>P.M. Snack</b>		<i>Mini Pizzas</i>			
Meat/Meat Alternate		Mozzarella Cheese	Peanut Butter		Cottage Cheese
Fruit, Vegetable, or 100% Juice	Fruit			Strawberries	Fruit
Breads/Grains		English Muffins	Toast	Angel Food Cake	
Fluid Milk	White Milk				